

Assessment of Knowledge and Practice Regarding the Use of Probiotics among Periodontists in Andhra Pradesh, a Cross-Sectional Study

Gangolu Meghana, Vintha Jaswitha, Boyapati Ramanarayana, Kolaparthi Lakshmi Kanth, Ravindranath Dhulipalla and Yamuna Marella

QUESTIONNAIRE

Section I: Title: Assessment of Knowledge and Practice Regarding the Use of Probiotics among Periodontists in Andhra Pradesh, a Cross-Sectional Study

Section II: Demographic data:

Name:

Age:

Gender: Male Female

Current Profession:

- periodontists working as academician
- periodontists working as private practitioner
- Working both as academician as well as private practitioner

Section III:

1. Are you familiar with the term probiotics?
 Yes No

Section IV: Related to Knowledge of Probiotics

2. Do you know about the advantages of using probiotics for oral health?
 Yes No Not sure
3. Do you think some food supplements are also a source of probiotics?
 Yes No Not sure
4. Do you know that probiotics are commercially available in various forms for periodontal patients?
 Yes No
5. Do you think probiotics have host immunomodulatory effect and anti-oxidant property?
 Yes No Not sure
6. Do you know about the contraindications of using probiotics?
 Yes No Not sure
7. Are Bifidobacterium strains commonly contraindicated in preparation of probiotics?
 Yes No Not sure
8. Do you think Streptococcus and lactobacillus strains, when used as probiotics are beneficial to oral health?
 Yes No Not sure

Section V: Related to Practice of Probiotics

1. Do you prescribe probiotics in any form as a daily oral hygiene practice for any of your patients?
 Always Never Occasionally
2. Do you prescribe probiotics for halitosis patients?
 Always Never Occasionally
3. Have you ever prescribed probiotics alone (as monotherapy) without any periodontal treatment?
 Always Never Occasionally
4. Do you prescribe probiotics after Non-surgical Periodontal therapy (NSPT)?
 Always Never Occasionally
5. Do you prescribe probiotics after any surgical cases?
 Always Never Occasionally
6. Do you prescribe probiotics as an alternative to Antibiotics?
 Always Never Occasionally
7. If prescribed, does any of your patient's exhibited improvement in periodontal parameters after using probiotics?
 Always Never Occasionally
8. Apart from conditions such as gingivitis and periodontitis, have you suggested the use of probiotics to other conditions such as caries, etc?
 Yes No